



Ministry of Ayush
Government of India



Morarji Desai National Institute of Yoga

Ministry of Ayush, Government of India

68, Ashok Road, New Delhi-110001

Organizing

Continuing Medical Education (CME) on Yoga for

Ayush- Teachers/ Doctors/Scientists

19th - 24th August 2024 (06 Days)

Coordinated by: Rashtriya Ayurveda Vidyapeeth (RAV)

Sponsored by: Ministry of Ayush, New Delhi

IMPORTANT DATES:

Starting date to apply online	19/07/2024
Closing date to apply online	25/07/2024
Closing date for receipt of hard copy of application along with required documents	31/07/2024
Selected participants will be informed by email as well as MDNIY Website: www.yogamdniy.nic.in .	06/08/2024

About MDNIY

Morarji Desai National Institute of Yoga, (MDNIY) is an autonomous organization under Ministry of Ayush, Government of India. MDNIY was established to act as a **Centre of Excellence in the field of Yoga**. As the demand for the system of Yoga is increasing rapidly at the global level, the Institute is striving hard to fulfil the current need and demand of the people from every corner. The **Aim** of the Institute is to promote deeper understanding of Yoga philosophy and practices based on ancient Yoga Traditions for holistic health and well-being of all. MDNIY is a focal Institute for **Planning, Training, Promotion and Coordination of Yoga Education, Training, Therapy and Research** in all its aspects.

The Vision of the Institute is Health, Harmony, and Happiness for all through Yoga. MDNIY conducts M.Sc. (Yoga), B.Sc. (Yoga), and Diploma in Yoga science for graduates of one-year courses. Institute conducts Certificate Courses for Special Interest Group such as Paramilitary Forces and Delhi Police. The Institute also conducts training courses viz. Foundation, Certificate Courses and Advance Yoga Sadhna etc. MDNIY has its own NABH Accredited OPD for therapeutic treatment through yoga. The Institute has been designated as a WHO-Collaborative Centre for Traditional Medicine (Yoga).

The Institute organizes annual International Yoga Fest a curtain raises for International Day of Yoga (IDY), to popularize, promote and educate Yoga to more peoples. MDNIY also plays a pivotal role in International Day Yoga to popularize and promote Yoga among the people.

It is our pleasure to inform you that MDNIY is going to organize a **“Continuing Medical Education (06-days Ayush- Doctors / Teachers -Assistant Professor & above/ Scientists”** from 19th August to 24th August 2024. We have planned the CME and exclusive program focusing **“Evidence Based Yoga Therapy”** with deliberations from eminent speakers from all over India. We hope the CME shall provide a platform to re-energize & re-charge neurons & revitalize academic knowledge of the participants.

Purpose of CME:

- To encourage Participants to undergo need-based professional orientation and professional skill development in an organized manner.
- To update regarding current trends in R&D activities for the development of Yoga and to highlight the areas of research and avenues for collaborative activities.
- To Standardize/validate and develop scientific evidence for Yoga research and Education.
- To make scientific exploration of Yoga with interdisciplinary approaches; to achieve need based outcome in priority areas.
- To develop clarity and a better understanding of certain concepts & principles of the Evidence Based practice of Yoga Therapy based on objectivity.

Topics to be covered in this CME:

- Yogic practices and Wellness
- Therapeutic aspects of Yoga practices
- Recent scientific research trends in Yoga
- Evidence Based Research in Yoga

Who can attend the CME (Eligibility)?

- Ayush– Teachers (Assistant Professors & above)/Doctors /Scientists who having minimum 3 years of experience on regular basis in the field of Yoga in universities, reputed institutions and degree colleges.
- All the practitioners should possess the qualification included in the relevant Medical Acts. In case of Yoga/ Naturopathy, the trainees shall be regular teachers working in universities, reputed institutions and degree colleges and having minimum 3 years of experience on regular basis.
- Preference will be given to who have attended a smaller number of CME.
- On the basis of seniority in service.

Procedure of selection:

- Selection of participants / trainees as per Guidelines of RAV CME Scheme.
- Maximum 30 (Thirty) trainees are allowed.

Facilities for the selected applicants:

- Travel expenses (by Train), Boarding and Lodging charges will be provided to applicants (as per the Ayush – CME Guidelines).
- Fare will be reimbursed only at the end of the programme and subject to eligibility limited maximum up to 2 Tier A.C.
- Production of ORIGINAL TICKETS are mandatory for reimbursement.
- Please note that TATKAL or DYNAMIC PRICING train tickets will not be reimbursed.
- Arrangements for accommodation, food will be provided by the Institute during the CME period.
- Payments / reimbursement will be made directly to the bank account by electronic transfer.

Attendance and Participation certificate:

- Full attendance is mandatory for obtaining participation certificate.
- Certificates will be issued at the end of the CME.

Registration

- Use the google form to register online: <https://forms.gle/iveewuQ8gobdrWhF6>
- For Endorsement format: <https://tinyurl.com/2tja6wcx>
- The Application should be countersigned and duly certified by the Head of the Institution/ Controlling authority to the effect that the candidate in the concerned department and that he/she has not attended more than two such programs during the current financial year.
- Participants should enclose self-attested copies of educational qualifications - PG Degree Certificate, Aadhar Card & original Identity Card of the Institute and two passport size photos (Name written behind) along with the application.
- Hard copy (Printed filled online application) of the Applications must mention "Application for 06 days CME" on top of the envelope and it should reach by speed post to following address **on or before 31.07.2024**.

To,

**The Director,
Morarji Desai National Institute of Yoga
68, Ashok Road, New Delhi – 110001**

- Applications which are incomplete and received after due date will not be considered.

Kind Attention:

- Kindly note that your application is not a confirmation of your registration. If you get selected the Institute will send you a confirmation email regarding your registration. Accordingly, you are advised to book your tickets etc.

For more details, please contact:

Chief Patron: Dr. Kashinath Samagandi, Director
Patrons: Dr. Ishwar N. Acharya, Programme Officer (YT)

Co-ordinators:

Dr. S. Lakshmi Kandhan, Assistant Professor (Yoga Therapy): - 08506007251

Dr. Khushbu Jain, Assistant Professor (Biochemistry): - 09711506919

Dr. D. Elanchezhian, Project Coordinator, WHO-CC: - 09818340892

E-mail: cmemdny@gmail.com

For more details, please Visit our MDNIY **website:** www.yogamdny.nic.in