

Dr. Shubham Kirar Suryawanshi

Assistant Professor (Human Consciousness),
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Objective

To serve the society establishing as a scholar where I can use my academic and research experiences together with excellent communication, interpersonal and organizational skills to enhance the positive values and character strengths of young generation with increased productivity for the Society and Nation.

Educational Qualifications

S. No	Course	Discipline	Institution/Board	Year	Percentage
1.	PhD	Psychology	GKV, Haridwar	2020	--
2.	P.G. Diploma	Psychotherapy, Guidance and Counselling	MGKVP, Varanasi	2015	71
3.	M.Sc.	Clinical Psychology	D.S.V.V. Haridwar	2014	78
4.	B.Sc.	Psychology & Yoga	D.S.V.V. Haridwar	2012	74
5.	Intermediate	Phy., Chem., Maths, Bio.	K.V. AFS Amla (M.P.)/ C.B.S.E.	2009	64
6.	High School	Science, Maths, Social Studies, Sanskrit	K.V. AFS Amla (M.P.)/ C.B.S.E.	2007	75

Professional Eligibility - UGC NET, June 2015.

Academic Teaching Experience: 5 Years

Assistant Professor (Human Consciousness) in Morarji Desai National Institute of Yoga, New Delhi since 12th December 2022 (11 Months).

Assistant Professor in School of Liberal Arts, IMS Unison University, Dehradun from 4th August 2020 to 30th November 2022 (2 Year 4 Months).

Assistant Professor in the Amity Institute of Behavioural & Allied Sciences, Amity University Madhya Pradesh, Gwalior-474005 from 03rd August 2018 to 4th May 2020 (1 Year 9 Months).

Research Guidance

PhD External subject expert	: 2 Scholars
Under Graduate Research Project Guidance	: 14 Students
Post Graduate Research Project Guidance	: 04 Students
Post Graduate Research Thesis Guidance	: 02 Students

Academic/Administrative Experiences Held

- **Programme Coordinator** for Undergraduate and Postgraduate Programme, responsible for all academic activities of the programme.
- **BoS Member** of School of Liberal Arts, IMS Unison University, Dehradun. Worked on NEP based curriculum development/update, Psychology syllabus and MOOC Courses.
- **Timetable Coordinator**, responsibility to create and update the timetable for the department.
- **Organizing Secretary** of a National E – Seminar on “An equal world is an empowered world” organized by School of Liberal Arts, IMS Unison University.
- **Class Coordinator** of Undergraduate Course, responsible to take care of issues, queries, internal matters and discipline of course students.
- **Student Mentor** of Postgraduate Students, responsible to mentor and guide students in their personal and educational with their academic journey.
- **Course Coordinator** for Choice Based Credit System (CBCS), responsible to manage smooth conduction of classes and resolve issues regarding the course.
- **Research Coordinator** of the Institute, responsible to pursue faculty members about their research activities and to maintain the research record of Institute.
- **Library Coordinator** of the Institute, responsible for requisition of books for students library.
- **Discipline Committee member**, responsible to maintain discipline among students in various university functions.
- **University Duty Officer**, responsible to inspect Departments, Classrooms, Laboratories, Hostels etc. for proper functioning.

Professional Organizational Membership

- Life Member of Indian Academy of Health Psychology (IAHP), Varanasi.

Editorial Contributions

- **Reviewer** in Journal of Social and Political Psychology (JSSP), ISSN: 2195-3325, SCOPUS indexed Journal.

- **Reviewer** in BEST: International Journal of Humanities, Arts, Medicine, and Sciences (BEST: IJHAMS), ISSN (Online): 2454-4728, Impact Factor: 4.32

Attended Induction and Faculty Development Programmes

- Completed 4 weeks Faculty Induction/Orientation Programme organized by Ramanujan college, Delhi University (22nd July to 20th Aug. 2023)
- Completed FDP on ‘*NAAC Accreditation*’ organized by IMS Unison University, Dehradun (4th Oct to 8th Oct 2021).
- Completed FDP on ‘*Organizational Behavioral Dynamics and Professional Ethics*’ organized by ATAL and VNIT, Nagpur (01st July to 05th July 2021).
- Completed FDP on ‘*Capacity Building*’ organized by ATAL & NIT, Patna (14th Dec to 18th Dec 2020).
- Completed FDP on ‘*Research Methodology*’ organized by ATAL & IIIT, Dharwad (7th Dec to 11th Dec 2020).
- Completed FDP on ‘*Courseware creation using MOODLE for outcome based education*’ organized by Integral University, Lucknow (08th July to 05th Sept. 2019).

Research Works

- **PhD Thesis on** “Understanding Organizational Citizenship Behaviour in Relation to Psychological Capital of Middle Level Managers”.
Focus: Positive Organizational Behaviour, Positive Psychology.
- **Master’s Dissertation** on “Dream Psychology In Freudian And Indian Perspective: A Critical & Comparative Study.”
Focus: Projective Psychology, Psychoanalysis.
- **Research paper on** “Effect of Positive Organizational Behaviour on Organizational Citizenship Behaviour”. Presented in National Conference at NIEPVD, Dehradun.
- **Research paper on** “Understanding Psychological Capital as mediator of Organizational Citizenship Behaviour”. Presented in National Conference at NIEPVD, Dehradun.

- **Research paper on** “Comparison of emotional competence in UAE & Indian Sports Personnel”. Presented in International Conference at Gautam Buddha University, G. Noida, UP.
- **Research paper on** “A study on anxiety in UAE and Indian sports personnel”. Presented in International Conference at Gautam Buddha University, G. Noida, UP.
- **Research paper on** “Understanding Indian and western Perspectives of Self Actualization”. Presented in National Seminar at VSP Govt PG College, Shamli UP.
- **Research paper on** “Impact of Education on Superstitious Attitude”. Presented in National Conference at J.N.V. University, Jodhpur.
- **Research paper on** “Psychological Capital in Relation to Organizational Citizenship Behaviour : A Review.” presented in Indo – Canadian Conference of Psychology at Haridwar.
- **Research paper on** “Self Counselling Methods In Positive Psychology”. Presented in International Conference at Pondicherry University.
- **Research paper on** “Relation of Vegetarian And Non-Vegetarian Diet on Mental Health and Altruistic Behaviour”. Presented in International Conference at Jammu University.
- **Research paper on** “A Study of Yoga Nidra as an Indigenous Stress Management Technique”. Presented in National Seminar at M.G. Degree College, Roorkee.

Published Research

“Self- Counselling Methods of Psychology” in International Journal of Creative Research Thoughts. ISSN 2320-2882, Vol.3, Issue1, January, 2015 (UGC Listed till May 2019)

“Emotional Need Fulfillment In Adolescents Of Joint Family And Nuclear Family: A Comparative Study”. Online Journal of Multidisciplinary Research; ISSN 2395-4892, Vol.1, No.1; April 2015.

“Psychological Capital in Relation to Organizational Citizenship Behaviour : A Review”. Conference Proceeding in Indo – Canadian Conference of Psychology, 2017.

Skills

Counselling and Guidance
 Psychotherapy
 Research, Graphology
 Psycho-Yogic therapy
 Psychological Assessment and Testing
 MOODLE

Fields of Interest

Positive Psychology
 Positive Organizational Psychology
 Educational Psychology
 Indian Psychology

Other Related Skills

Proficient in Microsoft Word and Excel; Editing and Proofreading, Study Material development, SPSS, Hindi – English Translation, APA style.

Internships and Other Professional Experiences

- Conducted Guest lectures on ‘Indigenous Theories of Personality’ at Dev Sanskriti Vishwavidyalaya Haridwar (DSVV) in April 2018.
- Conducted Guest lectures on ‘Indian Psychology’ at Dev Sanskriti Vishwavidyalaya Haridwar (DSVV) in April 2017.
- Conducted Guest lectures on ‘Indian Psychology’ at Dev Sanskriti Vishwavidyalaya Haridwar (DSVV) in May 2016.
- Conducted Workshop on ‘Scope and Careers in Psychology’ at Dev Sanskriti Vishwavidyalaya Haridwar (DSVV) in March 2016.
- One-month internship in Ranchi Institute of Neuro Psychiatry and Allied Sciences (RINPAS), Ranchi (JH) 2015
- Completed a one-month internship in Mental Health Clinic of Richmond Fellowship Society (RFS India), Lucknow Branch, 2014.
- Organized workshop on Study Management at Kendriya Vidyalaya AFS Amla (MP) .
- Organized yoga and life management camp in Counter Insurgency Force unit, Durgapur(WB).
- Guest Speaker on life management and youth empowerment at DN Academy, Jamtara (JH).

Workshops and Trainings Attended

- Basic Level Course on Graphology.
- Counselling Techniques based on NLP.
- Application of Rorschach & SIS in Personality Assessment, Therapeutic Intervention and Industry.
- Mindfulness based therapy for depressive disorder
- Effective communication building skills
- National workshop on Counselling and Therapy
- Workshop on Research methodology
- Workshop on Rorschach inkblot and Thematic Apperception Test.
- Workshop on Relaxation Therapy for Professionals and Beginners.

Personal Details

Father's Name : Sh. Kamal Kishore Suryawanshi
Mother's Name : Smt. Sagun Suryawanshi
Spouse : Smt. Neha Suryawanshi
Date of Birth : 08th Feb. 1992
Languages Known : English and Hindi

I hereby affirm that all the information are true & correct to the best of my belief & knowledge.

Dr. Shubham Kirar Suryawanshi