

	<p>NAME: <b>DR GURU DEO</b></p> <p>DESIGNATION: <b>ASSISTANT PROFESSOR (YOGA THERAPY)</b></p> <p>DEPARTMENT: <b>YOGA THERAPY</b></p> <p>Office contact: +918088489025/+919935701516</p> <p>Email id:<a href="mailto:gurudeoyoga15@gmail.com">gurudeoyoga15@gmail.com</a>/<a href="mailto:gurudeoresearch@gmail.com">gurudeoresearch@gmail.com</a>  <a href="mailto:asstprof-yt1@yogamdniy.nic.in">asstprof-yt1@yogamdniy.nic.in</a></p>
<p><b>ACADEMIC RECORDS</b></p>	
<p><b>1. Qualifications:</b></p>	<ul style="list-style-type: none"> <li>• Ph.D. in Yoga</li> <li>• M.Sc. in Yoga</li> <li>• P.G. Diploma in Yoga Therapy</li> <li>• M.L.I.Sc</li> <li>• M.A.Eng.</li> <li>• UGC NET (Yoga)</li> </ul>
<p><b>2. Area of Interest/Specialization:</b></p>	<ul style="list-style-type: none"> <li>• Yoga Therapy, Clinical Research in Yoga, Energy Medicine</li> <li>• Hatha Yoga Texts and Practical Applicability of Hatha Yoga Principles in Research &amp; Academics</li> <li>• <b>Training skill–</b> how to use <b>Electrophotonic Imaging and Bowell Instruments/Kirlian Photography</b> for measuring effect of Yogic Practices, Group Consciousness, Environment, Healing, Water, Stone and treatment.</li> </ul>
<p><b>3. Experience:</b></p>	<ul style="list-style-type: none"> <li>➤ <b>08 Years of Academical Teaching &amp; Research in the Field of Yoga</b></li> <li>➤ <b>18 Years Experience of Practical Yoga Teaching &amp; Practice</b></li> <li>• Visited Countries for the promotion and propagation of <b>Yoga- Russia, Malaysia, Vietnam, Singapore and Thailand.</b></li> <li>• Currently working as Assistant Professor (Yoga Therapy), Morarji Desai National Institute of Yoga, New Delhi (20th Dec 2017 to till today)</li> <li>• Worked as Associate Professor (Yoga) in Shoolini University, Himachal Pradesh, India (1st August 2017 to 19th Dec 2017).</li> <li>• Worked as Assistant Professor, Division of Yoga and Physical Sciences, &amp; Chief Academic Coordinator-Ph.D. Programs at S-VYASA Yoga University, Bangalore, India (February, 2016 to July 2017)</li> <li>• Worked as a Senior Yoga Master in Yogalife Thailand Company by LX Group Co. Ltd, Bangkok, Thailand (12th, March 2013 to 7th Feb 2014)</li> <li>• Worked as Yoga Teacher for preventive medicine at Jindal Naturecure Institute at Bangalore, India. (5th, March 2012 to 12th, Feb 2013)</li> <li>• Worked as a Project Assistant under the Research Assistantship Programme of Scientific Research Department, Kaivalyadham, Lonavala, Pune, Maharashtra, from (3rd, June 2010 to 6th, August 2010).</li> <li>• Worked as Yoga Therapist in Pranava Health Trust (R) at Mangalore, Karnataka. (1st August 2011 to 30th Sept 2011).</li> <li>• Conducted Yoga classes as a Senior Yoga Teacher in Shayam Meditation Institute of Higher Learning at Ayodhya under the supervision of Dr. Chaitanya (Director of the Institute). (1st April 2003 to 30th, July 2009)</li> <li>• Conducted part time Yoga Practical classes for The Vedic students of Sri Sitaramdas Omkarnath Vaidik Vidya Sansthan, sponsored by Maharshi Sandipani Rastriya Ved Vidya Pratisthanam (an autonomous body of</li> </ul>

	<p>Govt. of India) at Ayodhya. (1st April 2004 to 30th, March 2009)</p> <ul style="list-style-type: none"> <li>• Conducted Yoga class and Geeta Parayana (Geeta Chanting) for 6 Months in Narayan Seva Ashram, Nayaghat, and Ayodhya in 2007. (15th December 2008 to 15th June 2009)</li> <li>• Conducted Yoga class for 300 students of the Vedas at Vedika Schools (all branches) of V.H.P. at Prayagaraj (Allahabad) during Kumbha Mela in Jan 2006. (1st Jan to 15th January, 2006)</li> </ul>
<p><b>4. Achievements:</b></p>	<ul style="list-style-type: none"> <li>• Certified as <b>International Yoga Teacher</b> by World Yoga Alliance, <b>Thailand</b></li> <li>• Participated in “<b>Himalayan International Yoga Olympiad</b>” held in 2011 at <b>SVYASA</b>, Bengaluru Got <b>2<sup>nd</sup> Rank</b> in <b>State Level School and College Yogasana Championship</b> organized by S.G.S. International Yoga Foundation College and Research Centre, Bangalore, Karnataka in 2009. Empanelled as Lead Examiner of Yoga Certification Board in 2021</li> </ul>
<p><b>5. Publications &amp; Books:</b></p>	<p><b>More than 46 published research articles</b> in peer reviewed National &amp; International Journals.</p> <ol style="list-style-type: none"> <li>1. <b>Deo G</b>, Kumar IR, Srinivasan TM, Kushwah KK. Changes in electrophotonic imaging parameters associated with long term meditators and naive meditators in older adults practicing meditation. Eur J Integr Med [Internet]. 2015 Dec;7(6):663–8. Available from: <a href="https://linkinghub.elsevier.com/retrieve/pii/S1876382015300263">https://linkinghub.elsevier.com/retrieve/pii/S1876382015300263</a></li> <li>2. <b>Deo G</b>. Energy Medicine: Ancient Wisdom &amp; Wellness Trends. Yoga Sudha A Mon J S- VYASA Yoga Univ. 2016;6(32):15–8.</li> <li>3. Sharma DK, <b>Deo G</b>, Singh. SK. Mechanism and Efficacy of Yoga Practices in Patient with Dysphonia: A Case Report. . Int J Ayush Case Reports. 2021;5(4):270–6.</li> <li>4. Sharma DK, <b>Deo G</b>, Singh. SK. Efficacy of Yogic Practices in Patient with Conductive Deafness and Secretory Otitis Media: A Case Study. J Ayurveda Integr Med Sci. 2022;7(1):379–84.</li> <li>5. Satyendra Kumar Singh, Dinesh Kumar Sharma, <b>Deo G</b>. Role of Selected Yoga Practices in the Treatment of Ankylosing Spondylitis: A Case Study. Int J AYUSH. 2022;11(1):44–5.</li> <li>6. S LK, <b>Deo G</b>, Devarajan. E. Impact of Yoga on Improving Immunity: Mini Review. Nov Pract Med Study. 2022;1(1):.000502.2022.</li> <li>7. Sharma S, <b>Deo G</b>, Basavaraddi. I V. Effect of Selected Yogic Practices on Patient with Tension Type Headache: A Case Study. Int J Ayush Case Reports. 2022;6(2):233–8.</li> <li>8. Mamta Rani AKY, <b>Deo. G</b>. Theoretical understanding of life skills employed in Patanjali yoga sutra: a mini review. Int J AYUSH. 2022;11(2):22–36.</li> <li>9. Ghosh K, M S, <b>Deo G</b>. Effect of Yogic Relaxation Technique on Mental Health in Working Nurses. Indian J Heal Wellbeing. 2019;10(10–12):398–402.</li> <li>10. Kamal P, <b>Deo. G</b>. Role of Sūrya Namaskar and Pranayama on Intelligence Quotient in School Children. Int J Recent Sci Res. 2018;9(6E):27536–40.</li> <li>11. <b>Deo G</b>, Srinivasan. T. Analysis of Meditation and Dhyāna in the context of Buddhism. International. J Complement Altern Med. 2017;9(7):2–6.</li> </ol>

12. Jintu Kurian & **Deo G**. Role of Quantitative and Qualitative Diet in The Management of Diabetes in Modern Perspective. *International J Curr Adv Res*. 2018;7(2):10114–7.
13. **Deo G**, Kumar IR, Srinivasan TM, Kushwah KK. Cumulative effect of short-term and long-term meditation practice in men and women on psychophysiological parameters of electrophotonic imaging: a cross-sectional study. *J Complement Integr Med [Internet]*. 2016 Jan 1;13(1). Available from: <https://www.degruyter.com/document/doi/10.1515/jcim-2015-0050/html>
14. Kasturi, **Deo. G**. Efficacy of Forced Right Nostril Breathing and Selected Yogasanas on Female Obese College Students. *J Complement Integr Med*. 2018;15(3):2017–0070.
15. Bashyam S, Srinivasan TM, **Deo G**, Nagendra. HR. Nyasa—A Metaphysical Bridge Between Macrocosm and Microcosm. *Int Res J India*. 2017;2(9).
16. Rani M, **Deo G**. Effect of Asana and Om Chanting on Memory in School Going Children. *Int Res J India*. 2017;2(9):1–11.
17. Shankar NR, SreedharPalukuru, **Deo G**, NK M, HR. N. Comparative study of diet on healthy adults using Electrophotonic imaging parameters. *Indian J Basic Appl Med Res*. 2016;6(1):147–53.
18. RK B, **Deo G**, R M, TM S. Electro Photonic Parameters (EPI) of diabetes type 2 and their correlation with Glycated Hemoglobin (HbA1c). *Int Res J India*. 2016;2(3):1–8.
19. RK B, **Deo G**, R M, TM. S. Correlation of Electrophotonic Imaging Parameters with Fasting Blood Sugar in Normal, Pre-diabetics and Diabetics. *Complementary & Alternative Medicine. J Evidence-Based*. 2017;22(3):441–8.
20. K. SK, T.M S, **Deo G**, P VG, H.R. N. Electro-Photonic Imaging for Detecting an Intervention (Meditation). *Int J Curr Med Pharm Res*. 2016;2(10):20–30.
21. **Deo G**, RK I, TM S, KK. K. Effect of Anapanasati Meditation Technique through Electrophotonic Imaging (EPI) Parameters: A Pilot Study. *Int J Yoga*. 2015;8(2):117–21.
22. Jintu Kurian MR, **Deo G**. Mechanism of Physical Activity in the Prevention and Management of Diabetes Mellitus: A Short Review. *J Diabetol*. 2021;12(3):257.
23. **Deo G**, Rani A. Effect of Mind Sound Resonance Technique on Stress and Emotion Regulation on Elderly Women in Old Age Home. *Int J All Res Educ Sci Methods*. 2021;9(4):2645–9.
24. Zhang Qiaoyi, **Deo G**. Effect of Spirituality on Health and Physical Wellbeing in Chinese Young Adults. *Int J Sci Res*. 2021;10(5):90–3.
25. Purnashahi KG, **Deo. G**. Immediate Effect of Kenichi Kumakiri Energy Healing Technique (KEHT) on Hatha Yoga Practitioners. *Int Res J Eng Technol*. 2021;8(5):208–15.
26. Satyapriya Maharana MV, **Deo G**. Effect of Relaxative Yoga Practices on Stress, Sleep and Quality of Life in Female School Teachers. *Int J AYUSH*. 2021;10(6):87–99.
27. Geetha P, **Deo G**, Acharya IN, Basavaraddi. I V. Effect of Yogic Practices in The Management of Chronic Obstructive Pulmonary Disease (COPD): A Case Study. *Int J AYUSH*. 2021;10(6):56–70.
28. Geetha P, Khurana M, **Deo G**, Acharya IN. Critical Observation of

- Yoga Practice Impact on Patient with Uterine Fibroid: A Case Study. *Int J Recent Sci Res.* 2022;13(11):142–5.
29. Kandhan SL, **Deo G**, Devarajan E. Yoga for management of text neck Syndrome. *J Adv Sch Res Allied Educ.* 2022;19(4):194–7.
  30. Rani M, Yogi AK, **Deo G**. The concept of life skills employed in the epic Ramayana: Atheoretical perspectives. *Int J Multidiscip Res Growth Eval.* 2022 Oct 6;3:314–7.
  31. Khanduja N, Sujata, **Deo G**, Acharya IN, Basavaradd I V. Management of Psoriasis and its associated symptoms with the intervention of Yoga Practices: A Case Study. *J Ayurveda Holist Med.* 2022;10(1):1–8.
  32. Sharma I, Shuchi Mohan, **Deo G**. Trends towards Drugless Therapy in Breast Cancer Patients with Yoga Techniques: A Mini Revie. *Int J Res Acad World.* 2023;2(3):84–7.
  33. Joshi V, Singh B, **Deo G**. Effect of Yogic Practices On Insomnia and Its Induced Health Disorders - A Systematic Review. *J Ayurveda Holist Med.* 2023;11(3):63–77.
  34. Singh B, Joshi V, **Deo G**. Effect of Yogic Practices on Postural Deformities of Spine: A Systematic Review. *Int Res Med Heal Sci.* 2023;6(1):1–10.
  35. Jintu Kurian, Shankar Chawan, Muralidhar Venkatrao, Ashween Bilagi, and **Deo G** “Resilience through Yoga: COVID-19 Incidence and recovery among practitioners of Yoga with Type 2 diabetes mellitus for a long term,” *Int J Yogic Hum Mov Sport. Sci.*, vol. 8, no. 2, pp. 158–163, 2023.
  36. Dalip Kumar, B. Sairem, and **Deo G**, “Critical Analysis Of Brahmacharya In The Context Of Yoga For Spiritual Upliftment: A Perspective Review,” *AYUSHAyurveda, Yoga, Unani, Siddha Homeopath.*, vol. 12, no. 3, pp. 1–6, 2023.
  37. Satyapriya Maharana, Malathi Vivek, **Deo G**, “Effect of Relaxative Yoga Practices on Stress, Sleep and Quality of Life in Female School Teachers.,” *Int. J. AYUSH*, vol. 10, no. 6, pp. 87– 99, 2021.
  38. Vivek, Joshi, Bhushan, Singh, **Deo G**, “Effect Of Yogic Practices On Insomnia And Its Induced Health Disorders - A Systematic Review,” *J. Ayurveda Holist. Med.*, vol. 11, no. 3, pp. 63–77, 2023.
  39. Bushan. Singh, V. Joshi, and **Deo G**, “Effect of Yogic Practices on Postural Deformities of Spine: A Systematic Review,” *Int. Res. Med. Heal. Sci.*, vol. 6, no. 1, pp. 1–10, 2023.
  40. Kushboo. Sharma, S. Tiwari, and **Deo G**, “Exploring the effect of pranic energy on healthy and non-healthy people as assessed by electro- photonic imaging : A systemic review,” vol. 8, no. 3, pp. 2–6, 2023.
  41. S. Tiwari, S. Kushboo, and **Deo G**, “Therapeutic Interventions of Yogic Practices in Thyroid Related Disorders - A Systemic Review,” *Int. J. Interdiscip. Res.*, vol. 4, no. 2, pp. 598–607, 2023.
  42. S. Rawat, Vinci, **Deo G**, E. Devarajan, and S. L. Kandhan, “Effect of Yoga on Management of Migraine: A Systematic Review,” *J. Yoga Physiother.*, vol. 10, no. 4, p. 555793, 2023
  43. S. L. Kandhan, **Deo G**, and E. Devarajan, “Yoga For Management Of Piriformis Syndrome,” *Int. J. Phys. Educ. Sport. Heal.*, 2023. Vol 10, No.6, pp 24-27
  44. **Deo G**, Srinivasan, Thaiyar M, S.K. Rajesh. Study of Psychological, Emotional and

	<p>Mindfulness Status in Age-Matched Anapanasati Meditators and Non-Meditators as Tracked Using Non-invasive Tools-Electrophotonic Imaging: Journal of Population Therapeutics &amp; Clinical Pharmacology. Vol.30, No.04, pp.865-875, 2023</p> <p>45. <b>Deo G</b>, Srinivasan, Thaiyar M. Observation of Genderwise Nostril Dominance Roles Assessed by Electrophotonic Imaging Parameters in Meditators: International Journal of Food and Nutritional Sciences (IJFANS) Vol.12, No.01, pp.2396-2404, 2023</p> <p>46. Kurian J, Bilagi A, <b>Deo G</b>. Etiopathogenesis and Management of Prameha, Prameha Poorvaroopta and Madhumeha: An Ancient Perspective. International Journal of Research in Ayurveda and Pharmacy (IJRAP). 2023 (accepted for publication)</p> <p><b>RESEARCH PUBLICATION LINKS:</b>  <b>GOOGLE SCHOLAR:</b>  <a href="https://scholar.google.com/citations?user=nwZTFKgAAAAJ&amp;hl=en">https://scholar.google.com/citations?user=nwZTFKgAAAAJ&amp;hl=en</a>  <b>RESEARCH GATE</b>  <a href="https://www.researchgate.net/profile/Guru-Deo">https://www.researchgate.net/profile/Guru-Deo</a></p>
<p><b>6. Conferences &amp; Seminars:</b></p>	<p><b>Participated in more than 18 National &amp; International Conferences / Seminars</b></p> <ol style="list-style-type: none"> <li>1. Participated and got appreciation certificate for contribution in “National Seminar on Art and Science of Common Yoga Protocol for Wellness” on 2nd May, 2019 organised by Morarji Desai National Institute of Yoga, Ministry of AYUSH, Govt. of India, New Delhi.</li> <li>2. Participated and presented poster entitled “Subtle Energy Changes In Males And Females Practicing Meditation: A Cross-Sectional Study” in International Conference on Frontiers in Yoga Research and Its Applications held on 4th Jan 2016 by S-VYASA , Bangalore.</li> <li>3. Participated in symposium entitled “Integrating Scientific and Contemplative Approaches to Explore the Mind” jointly organized by National Institute Of Mental Health And Neuro Sciences (NIMHANS) &amp; Garden of Samadhi Mind Center, Bangalore on 7th Dec 2015.</li> <li>4. Participated in research workshop entitled “Basics of Research Designs, Research Methodology, Biostatistics &amp; Scientific Writing and Publishing”, on 28th of March 2015 at Bangalore Medical College &amp; Research Institute, Bengaluru, Karnataka, India</li> <li>5. Participated in “International Conference on Yoga Therapy for Stress Disorders” organized by Dept. of Human Consciousness and Yogic Sciences, Mangalore University at Karnataka. 3rd to 5th Feb 2013.</li> <li>6. Participated in “Workshop on Subtle Energy Diagnostics” through GDV/EPI, Acugraph and Nadi Tarangini, organized by S-VYASA Yoga University, Bangalore, India. 23rd to 27th Nov 2014.</li> <li>7. Participated in the Study and Professional Competency Course of EPI/GDV Science and Bio-well Technology, Level 1 and 2 organized by Vijay Foundation, Mysore, 9th August 2014.</li> <li>8. Participated &amp; Practiced intensive Atma Parishodhana Meditation (Yoga of Self Enquiry &amp; Research) by Swami Protoplasm in Prashanti Kutiram, S-VYASA Yoga University Campus, Bangalore. 23rd to 29th</li> </ol>

	<p>June 2014.</p> <ol style="list-style-type: none"> <li>9. Participated in the “National Conference on Yoga Therapy” organized by Dept of Human Consciousness and Yogic Sciences in Mangalore University at Karnataka. 18th to 19th Jan 2013.</li> <li>10. Participated in the “International Conference on Yoga, Naturopathy and AROGYA Expo-2012” organized by Dept of AYUSH, Govt. of Karnataka, at Bengaluru, 9th to 13rd Feb. 2012.</li> <li>11. Participated in the “International Conference on Frontiers in Yoga Research and its’ Application” (19th INCOFYRA), organized by SVYASA at Bengaluru, 20th to 23rd Dec. 2011.</li> <li>12. Participated in the “National Conference on Yoga” organized by Integral Yoga Satsanga (R), Mangalore, 29th to 30th January 2011.</li> <li>13. Participated in the national workshop on “Shaping Your Life style with the Blend of Traditional and Innovative Techniques”, organised by Justice K.S. Hegde Charitable Hospital, Deralakatte, Mangalore, 25th to 26th February 2011.</li> <li>14. Participated in Conference, Seminar &amp; Workshop on Yoga organized by Morarji Desai National Institute of Yoga, New Delhi, in March 2007, February 2008, February 2009 and February 2010.</li> <li>15. Participated in Lucknow Yoga Mahotsava organized by Yoga Anusandhana Sansthana, Lucknow in February 2008.</li> <li>16. Participated in National Seminar on Yoga in Modern Life &amp; an Annual Assembly of Indian Academy of Yoga organized by B.H.U. (Banaras Hindu University), Varanasi in October 2008.</li> <li>17. Participated in National Seminar on Scientific Concept of Yoga Therapy organized by U.P. Naturopathy &amp; Yoga Teacher Physician Association, Lucknow in November 2008.</li> <li>18. Participated in ‘India Sourcing Fair 2018’ at St Petersburg, Russia as a member of Delegation organised by India Trade Promotion (ITPO), through Ministry of AYUSH (Govt. of India) in March 2018.</li> </ol>
<p><b>7. Workshop s:</b></p>	<ul style="list-style-type: none"> <li>● <b>More Than 10 Workshops Attended.</b></li> <li>● <b>Two Workshops Joined As Resource Person</b></li> </ul>
<p><b>A. Faculty Development Programme (FDP)</b></p>	<ul style="list-style-type: none"> <li>● Participated Four-weeks Faculty Induction / Orientation Programme for “Faculty in Universities / Colleges / Institutes of Higher Education” organized by Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry of Education, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching from 22<sup>nd</sup> July – 20<sup>th</sup> August, 2023 and obtained Grade A+</li> </ul>
<p><b>8. Continue Medical Education (CME)</b></p>	<ul style="list-style-type: none"> <li>● <b>Participated in Two CME</b></li> <li>● <b>Resource person in one CME programme.</b></li> </ul> <p>Participated in the “Continuing Medical Education (CME) for Teachers” organized by Morarji Desai National Institute of Yoga, New Delhi, Ministry of Ayush, Govt. of India from 18th February, 2019 to 23rd February, 2019.</p> <ul style="list-style-type: none"> <li>● Participated in the DST Program: Traditional Medicine- Modern Approaches for Affordable and Accessible Healthcare organized by Amity Institute of Public health &amp; Amity Institute of Training &amp; Development and sponsored by Department of Science &amp; Technology, Ministry of Science &amp; Technology (Govt. of India) at Amity University Campus, Sector – 125, Noida, U.P. The DST Programme started from 08–12 February 2021 (5 Days), 10.00am to 05.30pm.</li> </ul>

<p><b>9. International Visits:</b></p>	<ul style="list-style-type: none"> <li>• Deputed by Ministry of AYUSH (Government of India) as a member of delegation to attend India Sourcing Fair 2018' at St Petersburg, Russia.</li> <li>• Visited Countries for the promotion and propagation of Yoga- <i>Malaysia, Vietnam, Singapore and Thailand</i></li> </ul>
<p><b>10. Expert Talks</b></p>	<ol style="list-style-type: none"> <li>1. Deputed to deliver expert lecture at Talkatora Stadium (New Delhi) in Health Mela organized by GGSIP University on the topic Management of Diabetes through Yoga on 7<sup>th</sup> October 2023.</li> <li>2. Invited as Judge Poster Presentation in 'Yantra-2020-an International Conference- Yoga and Neuroscience: traditions and Research Approaches' organised by NIMHANS, Bengaluru, Karnataka from 9<sup>th</sup> to 17<sup>th</sup> October 2020.</li> <li>3. Invited as resource person to deliver the lecture for CME participants of AIIA on 25.08.2022 in MDNIY premises.</li> <li>4. Deputed as resource person to deliver the lecture on Stress and its management through Yoga for Police Personnel of Delhi Police in August 2022.</li> <li>5. Deputed to deliver lecture and lead practical session in view of IDY celebration in DRDO Bhawan, New Delhi on 31<sup>st</sup> May 2022.</li> <li>6. Deputed as resource person to deliver the lecture on Anger management through Yoga for Police Personnel of Delhi Police in June 2022.</li> <li>7. Deputed as Yoga Expert to deliver lecture in Indian Council of Social Science Research, Ministry of Education at Delhi in June 2022 by competent authority in view of IDY celebration.</li> <li>8. Deputed to deliver expert lecture at National Institute of Immunology, New Delhi on 21<sup>st</sup> May, 2019.</li> <li>9. Invited to visit Sanchi University, Madhya Pradesh as External Examiner from 06-14 December, 2019.</li> <li>10. Deputed to deliver Expert Lecture at two days Re-Orientation Yoga Programme for 23 Yoga Professionals for Korea Delegation organised in MDNIY by Ministry of External Affairs from 18<sup>th</sup> to 19<sup>th</sup> September, 2019 in MDNIY.</li> <li>11. Deputed to deliver Expert lecture on "Yoga, Stress and Conflict Management and Resolution Meditation" at CDTI, Ghaziabad from 02.09.2019 to 27.09.2019.</li> <li>12. Delivered Expert Lecture in training program of Yoga instructor from AUSH Dept Haryana in August 2019.</li> <li>13. Delivered Expert Lecture for Chinese Delegates in 2019 in MDNIY campus</li> <li>14. Invited to deliver expert lecture on "Yoga: Shastra and Shakti" to be organized under the aegis of Indira Gandhi National Centre for the Arts (IGNCA) Kalakosha Webinar on 19<sup>th</sup> June, 2020</li> </ol>
<p><b>11. Selection Committee Member</b></p>	<p><b>MEMBER IN DIFFERENT COMMITTEES</b></p> <ul style="list-style-type: none"> <li>➤ Member in Examination Committee, Academic Committee, Faculty Committee, Admission Committee &amp;</li> <li>➤ Member in WHO CC Working Group of MDNIY</li> <li>➤ Member in Bureau of Indian Standard (BIS) Committee from MDNIY</li> <li>➤ Member in NABH Committee regarding Safety and Risks Management Committee</li> <li>➤ Member in the Committee for Raaj Bhasha Hindi in MDNIY, Education Department</li> </ul> <p><b>MEMBERSHIP</b></p> <ul style="list-style-type: none"> <li>➤ Life Member of the Yoga Practitioners Association of India, India.</li> <li>➤ Member of Editorial Board in International Research Journal of India, India</li> </ul>

	<ul style="list-style-type: none"><li>➤ MemberofEditorial Boardin InternationalJournalof AYUSHCaseReport,India</li><li>➤ MemberofEditorialBoardinInternationalJournalofPharmacognosyandC hineseMedicine</li></ul>
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