



Name: DR. S. LAKSHMI KANDHAN

Designation: ASSISTANT PROFESSOR

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ACADEMIC RECORDS

1. Qualification:	<ul style="list-style-type: none">• Ph. D in Yoga• M.Phil. in Yoga• M.Sc. Medical Sociology• M.Sc. in Yoga• P.G. Diploma in Yoga Therapy• Diploma in Yoga• B.P.T (Bachelor of Physiotherapy)• UGC NET (Allied Science – Physical Education)- December 2010• UGC NET (Yoga) – November, 2017
2. Area of Interest / Specialization:	<ul style="list-style-type: none">• Yoga Therapy• Physiotherapy
3. Experience:	<ul style="list-style-type: none">• 8 years & 10 Months teaching experience in the field of Yoga• Sixteen Years clinical experience in the field of Yoga therapy & Physiotherapy
4. Achievements:	<ul style="list-style-type: none">• M.Sc. Yoga : University Rank holder (2009)• M. Phil Yoga: University Rank holder (2010)
5. Honours & Awards:	<ul style="list-style-type: none">• Awarded Doctoral Fellowship from Indian Council of Social Science Research (Ministry of Human Resource Department), New Delhi.
6. Publications & Books:	<ul style="list-style-type: none">• 17 research articles published in reputed Journals• Co-author: A Monograph on “How to Manage Stress through Yoga” (An Evidenced Based Yoga Module) First Edition : 2016
7. Conferences & Seminars :	<ul style="list-style-type: none">• Participated: more than 25 national & international conferences / seminars• Paper presented: More than 25 national & international conferences / seminars
8. Workshops:	<ul style="list-style-type: none">• More than 30 workshops attended.• Coordinated more than 15 workshops.• Invited as Resource person more than 10 in seminars/ conference / workshops
9. Continue Medical Education (CME) & Faculty Development Programme (FDP)	<ul style="list-style-type: none">• Participated in 5 CME & 4 FDP• Invited as Resource person more than 5 in CME / FDP
10. International Visits:	<ul style="list-style-type: none">• Deputed by Ministry of AYUSH (Government of India) member of delegation to attend World Health Assembly from May 19-25, 2018 at Geneva, Switzerland.